

CENOTE VERDE BATH SALTS:

Magnesium Sulfate, Sodium Bicarbonate, Citric Acid, Zea Mays Starch, *Cocos Nucifera Oil, Vitis Vinifera Seed Oil, Spirulina Plantensis Powder, Eucalyptus Radiata Extract

(* = organic + fairtrade)

EPSOM SALTS: Epsom salts contain magnesium sulfate ions and can be added to a warm bath or foot soak to provide a wide variety of benefits, including soothing the skin, reducing stress, and may help the body get rid of toxins responsible for exacerbating inflammation while also reducing swelling, ... easing pain and inflammation to reducing stress, promoting sleep and enhancing healing of minor wounds, relief from muscle pain and enhanced exercise performances.

COCONUT OIL can hydrate the skin and help it retain moisture. It may also help reduce inflammation, promote wound healing, and have antibacterial properties. It provides antioxidants, moisturizes, minimizes the signs of aging, boosts nutrients and helps to protect the skin against environmental stressors.

SPIRULINA, a naturally occurring blue-green algae which forms of the surface of lakes, boasts many benefits for the skin. Often taken as a dietary supplement, Spirulina nourishes your body from the inside out. Spirulina can boost the overall health and radiant appearance of your skin, as well as preventing acne build up and swelling. Rich in nutrients, vitamins and both fatty and amino acids, Spirulina decreases inflammation, tones the skin and encourages cell turnover to promote a more youthful-looking complexion. As with many superfood skincare ingredients, Spirulina also works wonders on dull and congested skin as it gently detoxifies and encourages cell renewal. By encouraging the shedding of dead skin cells, it helps to maintain a healthy, lit-from-within glow.

OTHER INGREDIENTS: Stabilize, correct PH, conserve